



XPLAY

INTERNATIONAL PROGRAMS



XPLAY INTERNATIONAL THE CLUB



WE ARE **CAGLIARI**
WE ARE **SARDEGNA**
WE ARE **ITALIA**



CHAMPIONSHIP WIN 1969/70

SEASON 2023/24 - **SERIE A**

8th MOST **LOVED TEAM** IN ITALY



OLTRE 2 MILIONI DI TIFOSI NEL MONDO

BEWARE OF PLAYER **VALORISATION**

**PROJECTED TO IMPROVE THE FUTURE OF
YOUNG PEOPLE WHO LOVE SOCCER LIKE US**



XPLAY INTERNATIONAL

INTRODUCTION

XPLAY INTL is a project aimed at clubs, players and coaches who want to improve their potential and learn the secrets of football in pure Italian style.

MISSION

The main objective of XPLAY INTERNATIONAL is to elaborate, for each proposed project, a high-level, inclusive and personalized football program, capable of generating enthusiasm, awareness of one's own means and learning.

We believe that training, playing football, studying and living in Cagliari in Sardinia is a unique and invaluable experience that helps young people become not only better players, but better people as well.



The **Assemini Sports Center** is a modern sports center with a Club House, Headquarters and hosts the training sessions of the First Team, the Youth Sector and multiple activities of the XPLAY INTERNATIONAL project throughout the year.

XPLAY INTERNATIONAL PROGRAMS

XPLAY INTERNATIONAL is an official Cagliari Calcio project dedicated to:

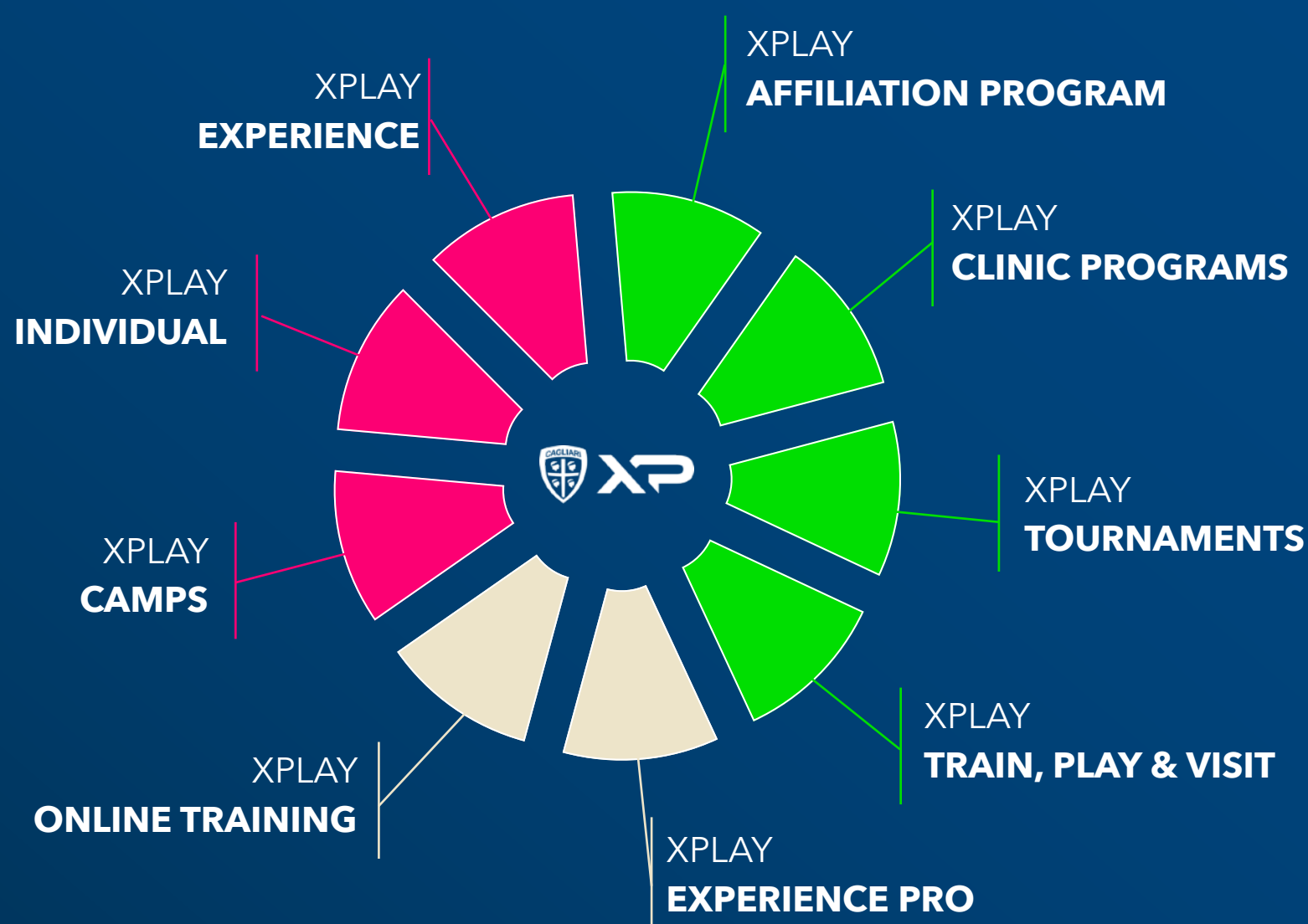
- **CLUBS**
- **PLAYERS**
- **COACHES**

from all over the world.

Each proposed program is specially designed to offer a real opportunity for complete, integrated and personalized sporting and human growth.

With our highly professional, highly qualified and specifically trained team, we are able to customize each program and follow the football growth of each young player with great attention.

Our proposal includes:



XPLAY INTERNATIONAL PROGRAMS

● **FOR CLUBS**

XPLAY AFFILIATION PROGRAM

The affiliation project allows our partner to become our HEADQUARTERS. The partner will receive our constant support to develop and implement the **CAGLIARI CALCIO XPLAY** projects throughout the territory defined by the agreement: City; Region; State.

Together we will work to organize XPLAY projects

- **Training Coaches**
- **Player Training**
- **Exchange programs for Players and Managers**
- **Camps & Stage High Level**
- **Clinics**

XPLAY CLINIC PROGRAM

Cagliari Calcio makes all its experience and facilities available to allow the CLUBS to let the kids experience **PRO**.

The activities will take place in Cagliari at the Assemini Sports Centre.

Duration: **3 / 7 / 15** days. - Age **7/16** years - **Boys & Girls**.

The soccer program will be studied on the basis of the requests of the Club, the age and level of the young players. The sports program includes:

- **Dedicated Head Coach**
- **Group and Individual training.**
- **Video technical analysis and Tactical lessons**
- **Test Matches**



XPLAY INTERNATIONAL PROGRAMS

● **FOR CLUBS**

XPLAY INTERNATIONAL CUP

2024 TOURNAMENTS - Soon online dates, information, registrations.

XPLAY INTERNATIONAL CUP is a tournament that brings together some of the best and most exclusive teams from around the world. The Play International Cup is open to boys and girls between the ages of U8 and U12. The XPLAY CLUB ITA teams and other teams from all over the country and from all over the world will be present.

This event is excellent for teams who want to play against high quality competition and possibly an international opponent. From the opening ceremonies to the coach training event, XPLAY is dedicated to making the experience of this event special for all attendees.

There are several participation packages.

All matches will be played in Cagliari.

XPLAY TRAIN, PLAY AND VISIT

2024 TOURNAMENTS - Soon online dates, information, registrations.

The Program offers opportunities for all players, coaches and families to travel internationally combining soccer with an incredible cultural experience in one trip.

During the trip the teams will compete against teams from the region, they will train in incredible fields and all the participants will be able to visit all the unique tourist places that only Rome and Sardinia can offer.

XPLAY becomes an extraordinary life experience to live with all your teammates!

day 1 / 2 - ROME - 2 Train ; 1 Friendly Match & Visit Rome

day 3 / 4 / 5 / 6 - CAGLIARI - 5 Train ; 2 Friendly MatchES & Visit Sardinia

day 7 - Rome - Last Train & Visit Rome

XPLAY INTERNATIONAL PROGRAMS

● FOR PLAYER

XPLAY EXPERIENCE

XPLAY EXPERIENCE is aimed at **boys and girls** between the ages of **8** and **16**. Our Team of Experts has studied a football training program to encourage the technical-tactical improvement of each participant while respecting the starting sporting and technical level.

XPLAY EXPERIENCE is a real concentration of special experiences that allow each participant to experience a 360° growth path: Personal, Sports; Technical, motor and aptitude.

We offer 3 different packs:

- **1 WEEK**
- **2 WEEKS**
- **1 MONTH**

The boys will be followed 24 hours a day by our Head Coaches; Coaches; Assistants and Tutors.

XPLAY INDIVIDUAL

XPLAY INDIVIDUAL is a **personalized training program**.

Each participant will be able to share their starting level with the XPLAY Expert Team and define the objectives to be achieved.

The technology and tools used are the indispensable support for working even remotely while maintaining high standards and effectiveness in the proposal.

The proposed programs are:

- **ON THE FIELD IN CAGLIARI:** 7/15 days
- **ONLINE:** Weekly program (6 months)
- **ON THE FIELD AND ONLINE:** 7 days in Cagliari + Weekly Program (6 months)



XPLAY INTERNATIONAL PROGRAMS

● FOR PLAYER

XPLAY CAMPS

We have created a complete **Camp Program** dedicated to girls and boys aged **8/16** who love to have fun playing football with their peers from all over the world.

The field program is designed to **respect** the technical level and preparation of each participant and includes exercises designed by our ZPLAY Head Coaches capable of stimulating **EVERYONE** to express themselves to the maximum in order to improve.

Exercises, Goals, Challenges, Matches, Tests and much more just to have fun and learn the secrets of the most beautiful sport in the world.

Football, Friends, Entertainment, Cagliari Calcio, a Selected and Specially Trained team are the ingredients for a unique international experience.

The periods of our XPLAY CAMPS are:

- **WINTER** - 1 week - 01/06 January 2024
- **SPRING** - 1 week - Easter 2024
- **SUMMER** - 2 weeks - June/July 2024



XPLAY INTERNATIONAL PROGRAMS

● FOR **COACHES**

XPLAY EXPERIENCE PRO

XPLAY EXPERIENCE PRO is an **exclusive training project** aimed at youth soccer coaches who dream of experiencing professional soccer up close.

This special experience takes place **in Cagliari**, at the Assemini Sports Centre, in close contact with the 1st team and the youth sector in their daily activities.

The XPLAY EXPERIENCE PRO program, **15 full days** of classroom and field activities, is complete to receive high quality training.

The XPLAY Team is ready and trained to encourage each participant **to work hard** to improve their specific knowledge, management skills and become a complete coach.

The best coaches will be able to join the XPLAY JOB POSTING program and apply to stay **with US** for 3/6 months alongside a coach from the youth sector.

XPLAY ONLINE TRAINING

XPLAY ONLINE TRAINING is a training course in which every coach can choose the path that best suits their skills and needs. The programs are divided into:

- **Age:** U10/U12/U16
- **Contents:** Technicians / Tactics - Players / Goalkeepers
- **Personal growth:** aptitude for coaching and leadership in the field.

The programs can be easily downloaded from any device and used on demand

